



BRAEFOOT ELEMENTARY SCHOOL

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Braefoot Elementary School Newsletter

Thursday, October 19, 2023

Dates to Remember

OCTOBER

Thurs. 19 - Early Dismissal for students at 11:50 am
- Parent Teacher Conferences 1:00-6:00 pm
- Newsletter Day
- Shake Out BC Earthquake Drill

Fri. 20 **Pro D Day—School Not in Session**

Fri. 27 PAC Halloween Family Dance

Mon. 30 Comfort Packs due back to school

Tues. 31 Costume Day

NOVEMBER

Wed. 1 Student Photo Retakes

Thurs. 2 Newsletter Day

Fri. 3 Hot Lunch—Subway

Fri. 10 Remembrance Day Assembly

Mon. 13 **Day off in lieu of Remembrance Day—School Not in Session**

Nov. 14-17 Culture Week

Wed. 15 Dress Your Culture Day

Thurs. 16 Newsletter Day

Fri. 17 Hot Lunch—Pizza

Mon. 20 **Pro D Day—School Not in Session**

Tues. 28 PAC Meeting

The Greater Victoria School District
wishes to recognize the
Songhees & Esquimalt Nations
on whose traditional
territories we live and do our work.

In This Issue

Important Dates and Information for you to know:

- Cold and Flu Season Reminders
- Bell Schedule
- Newsletters and Website
- Earthquake Comfort Packs
- Photo Retake Day
- Halloween Fun
- Braefoot Clothing
- F.A.S.T. Swim Program
- PAC Hot Lunch Schedule
- ALS Classes for Children

Please check out our SD61 website page at <https://www.sd61.bc.ca/>



SD61 Cold and Flu Season Reminders

Dear families,

We have reached that time of the year again! It is cold and flu season. As students return to classrooms for the new school year, as the leaves start to turn and the temperature drops, the tissues and sneezes begin to appear. Additionally, with COVID-19 circulating within our community, it is important to take extra precautions.

Please remind your child of the following important habits:

- Make sure to wash hands frequently.
- Avoid touching face, mouth, or eyes.
- Cover your mouth and nose when sneezing or coughing by leaning into your elbow or using a disposable tissue. Quickly throw away any used tissues and wash or sanitize your hands after.
- Respect the personal space bubbles of other students.
- Stay home when sick!

Please monitor your children daily for any cold or flu-like symptoms. In accordance with the Public Health Guidelines, students and staff are asked to stay home when sick or displaying any symptoms of sickness. If students develop symptoms throughout the day while they are at school, they will be reminded to use tissues or lean into their elbow to cover their coughs and sneezes. If required, an office staff member will contact you to arrange a pickup of your sick child. These protocols are in place to lower the risk of transmission of communicable disease and to keep our students and staff safe and healthy.

For more information on the health and safety protocols implemented in our schools go to:

[Provincial Communicable Disease Guidelines for K-12 Settings](#)

Bell Schedule at Braefoot School for 2023-2024

8:30 am	Basic outdoor supervision begins
8:45 am	All teachers meet students at their pre-arranged spots and enter the building together to begin their instructional day.
10:05-10:20	Morning Recess—Outdoor playtime
11:50—12:05	Lunch eating time
12:05 –12:35	Outside playtime
2:37 pm	End of the School Day

NEWSLETTERS AND THE BRAEFOOT WEBPAGE

Our newsletters are emailed home every two weeks on Thursdays.

We want to remind parents that our school webpage has copies of our newsletters as well as great information of use to our entire community.

We would encourage parents to check the webpage often, as it is continually being updated.

Go to: <https://braefoot.sd61.bc.ca/>

Earthquake Comfort Pack

Each year, we do our best to prepare for the possibility of students having to remain at the school in the event of an emergency. An important part of this program is for parents to prepare a small comfort pack that can be given to their child to calm and comfort them in a stressful time. Please take the time to put a few things for your child in the zip lock bag that was sent home with students. We would like to ensure every child has one!

Suggested items:

- Snack – granola bar, Power Bar, Fruit bar, small amount of candy (nut free please).
- A letter of comfort from parents/guardians... maybe a special grandparent, aunt or uncle too
- Family photo
- Small comfort toy (teddy, pack of cards, favorite team sports card) – just something to make them smile

Please be advised that the school has a good supply of food, water and emergency blankets thanks to the ongoing support of the Braefoot Elementary PAC

Please return the pack to your child's teacher by Monday, October 30th.

Photo Retake Day

If your child had their photo taken on Photo Day, your child will have brought home Information on how families can order photos through Lifetouch Photography. Photos can be ordered online from Lifetouch Photography at mylifetouch.ca

Photo Re-take Day is on **Wednesday, November 1**. The photographer will take photos of students who were away on photo day, or if your child's photo is not satisfactory.

It is important that every child have their photo taken regardless of whether families want to order photos.

Hallowe'en Fun at Braefoot Monday, October 31

At Braefoot School, we encourage and welcome our students to dress up at school for Hallowe'en Day on Tuesday, October 31st. Many classes have special celebrations and events to mark the day.

We would like to remind parents and students that costumes should not be worn to school, rather that students should plan on changing into their costumes at school. Safety is always our number one priority, so care should be taken to ensure that all costumes allow for good visibility and for easy movement. Please note that costumes should **not** include a full face covering. We also ask parents to ensure that all costumes are culturally appropriate. Any item that represents a weapon is not to be brought to school under any circumstances. Excessively violent costumes are also to be avoided at school.

Please contact your child's teacher before bringing in treats or candy that day.



Braefoot Clothing is Now Available!!!



Good News Folks, the Braefoot apparel store is open for the next month!! Please see the link below to buy great Bobcat merchandise from Passion Sports. The store will open again for a similar period of time in the spring.

Braefoot School's online store's URL is: <https://store.passionsports.ca/Braefoot23/shop/home>



School Swimming F.A.S.T. Program

We are excited to offer the School Swimming F.A.S.T Program again this year! This program gives the students swimming skills, endurance in the water, teamwork, fitness and fun! Our program includes school team t-shirts, pool time, coaching, three competitions, prizes and certificates. Participants must be in Grade 3, 4 or 5 and be able to **competently** swim 25 meters and be comfortable in the water without an instructor or parent in the pool with them. The swim season will begin October 18th, 2023, and will finish the first week in March. Braefoot will practice on Wednesdays at 3:30-4:15 pm at Gordon Head Rec Center.

Registration will be completed on the PCS website under F.A.S.T School League:

<https://pcs.poolq.net/program-info>.

Registration and Cost: FAST program cost is \$110 per student for one practice session per week. All swimmers must be registered to participate in the program. **Payments can be made on the Braefoot Website on schoolcashonline starting on October 18th.**

Janelle Hunt



PACIFIC COAST SWIMMING

Register for the 2023/2024

SCHOOL F.A.S.T SWIM PROGRAM

Experienced coaches, structured practices, swim meets, team t-shirts, prizes, and fun swimming!

Swim Meets:

Sunday, November 19 9:30am-1pm

Sunday, December 17 9:30 - 1pm

Sunday, January 21 9:30 - 1pm

Sunday, March 3 9:30-1pm

REGISTER ONLINE:

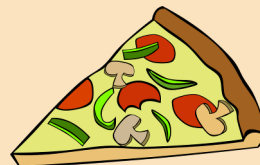
[HTTPS://PCS.POOLQ.NET/PROGRAM-INFO](https://pcs.poolq.net/program-info)

COST: \$110

SCHEDULE OF BRAEFoot HOT LUNCHES

Place your order at <https://braefoot.hotlunches.net/>

- Nov 3 (Fri) - Subway
- Nov 17 (Fri) - Pizza
- Dec 1 (Fri) - Subway
- Dec 15 (Fri) - Pizza
- Jan 19 (Fri) - Subway
- Feb 2 (Fri) Pizza
- Feb 15 (Thurs) - Subway
- Mar 1 (Fri) - Pizza
- March 15 (Fri) - Subway
- Apr 12 (Fri) - Pizza
- Apr 26 (Fri) - Subway
- May 10 (Fri) - Pizza
- May 24 (Fri) - Subway
- June 7 (Fri) - Pizza



For more information contact Natalie Lord at braefootpacchair@gmail.com

ASL CLASSES FOR CHILDREN

SESSION 1: Sat, Oct 14, 21, 28, Nov 4, 2023, 9-10am

SESSION 2: Sat, Nov 18, 25, Dec 2, 9, 2023, 9-10 am

After many requests, IDHHC is excited to be offering an ASL class for children. Each of the 4 classes will focus on a different themed learning outcome such as letters, numbers, colours, family members, food and animals. Cost is \$50 per child or \$65 per family (non-refundable after the course starts). Spots are limited so register soon. Payment must be provided to secure your spot. Children 7 and under must have an adult attend the class with them.

In-person delivery at IDHHC Victoria
301 – 3960 Quadra Street

REGISTER TODAY by calling 250-592-8144
or email idhhc@idhhc.ca

The logo for the Island Deaf + Hard of Hearing Centre is displayed within a white square with a blue border. The text is arranged vertically: "Island" in a grey sans-serif font, "Deaf +" in a blue sans-serif font, "Hard of" in a blue sans-serif font, "Hearing" in a blue sans-serif font, and "Centre" in a grey sans-serif font.

Island
Deaf +
Hard of
Hearing
Centre